

BOOZEY BANANAS

Serves 4

Ingredients:

- 4 large bananas.
- Grated rind and juice of 1 orange
- Pinch of grated nutmeg
- ¼ tsp ground cinnamon
- 3 tbs soft brown sugar
- 75 mls/3 fl oz dark rum
- 15 gm/½ oz butter melted

Preheat oven to 190C/375F/Gas 5.

Peel the bananas.

Slice thickly on the diagonal and lay them in a shallow oven-proof dish.

Mix the remaining ingredients together and pour over the bananas.

Bake for 10 minutes until golden and bubbling.

For a delicious, light Pesach dessert substitute kosher brandy for the rum.